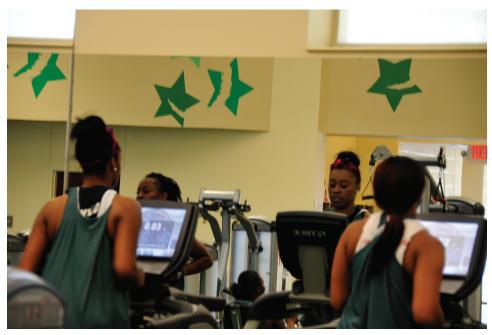
# **EXERCISE SCIENCE**

## **Associate of Science degree**



# Program and Career Description:

The Exercise Science emphasis is a two-year program for students planning to complete a bachelor's degree at a four-year school. Students can pursue careers in area of Athletics and Wellness, Teachers of Physical Education, Personal Trainers, Dietitians, and Athletic Trainers. A few examples of career and salary estimates are listed below.

Career	Beginning Salary with BS degree	Experienced Salary Median
Physical Education Teacher	\$32,000 - \$51,000	\$41,000
Personal Trainer	\$17,000 - \$65,000	\$31,000
Exercise Physiologist	\$25,000 - \$65,000	\$45,000
Athletic Trainer	\$25,000 - \$70,000	\$47,500
Dietitian	\$33,000 - \$76,000	\$53,000

Career and salary information taken from www.bls.gov. Check out this web site for additional information about education requirements and preferred work styles and abilities for these careers. Salaries are not guaranteed.

### **Transfer Options**

Per the *Complete College Tennessee Act of 2010*, this degree will be transferable to any of the following universities offering a Baccalaureate degree in this major:

- Austin Peay State University
- East Tennessee State University
- Middle Tennessee State University
- Tennessee State University
- Tennessee Tech University

- University of Memphis
- University of Tennessee, Chattanooga
- University of Tennessee, Knoxville
- University of Tennessee, Martin

Articulation agreements exist between other private and non-TN public institutions. These agreements are available at www.columbiastate.edu/admissions/transfer-information.



## **EXERCISE SCIENCE**

Major in Tennessee Transfer Pathway with Emphasis in Exercise Science (A.S.)

## **Program Requirements**

Students may be required to take additional Learning Support courses.

Communications Requirement ENGL 1010, 1020 SPCH 1010 or SPCH 1030

History Requirement (Take 2 courses) HIST 1110, 1120, 2010, 2020, 2030

Humanities/Fine Arts (Take 3 courses -- one must be a literature course)
ART 1030
ARTH 2010, 2020
ENGL 2015
HUM 1130, 1131
MUS 1030
PHIL 1030, 2030, 2033
THEA 1030
Literature Options: ENGL 2130, 2230, 2310, 2320, 2920

Natural Sciences Requirement BIOL 2010, 2020

Mathematics Requirement (Take one course) MATH 1010, 1130, 1530, 1630, 1710, 1720, 1730, 1830, 1910

Social/Behavioral Sciences PHED 2120 PSYC 1030

Major Required Courses HED 231, 241 PHED 2220, 2320 PHED Activity Courses (Take 2 courses) Electives\*

\*Note: An elective can be any college-level course.

If you have completed TN eCampus courses, run a degree audit from the student tab in myChargerNet to determine how these courses apply to this program.

#### **Requirements for Graduation include:**

- earning 25% of total program credits in residence at Columbia State.
- cumulative GPA must be 2.0.
- taking the Exit Exam.

#### **Sample Academic Plan**

#### First Year - Fall Semester

ENGL 1010 Mathematics I Humanities/Fi		3 3 3
History Requir		3 3 1
COLS 101	Columbia State College Success	16
First Year – Spring	Semester	
ENGL 1020 SPCH 1010		3
SPCH 1030	3	3
PHED 2220	Introduction to Exercise Science	3
History Requir Humanities/Fi		3
11011101110105/11	HE ALG	15
Second Year – Fall	Semester	
Literature Req		3
	General Psychology	3
BIOL 2010 HED 241	Human Anatomy & Physiology I Principles of Nutrition	4
PHED Activity	rinciples of Natifition	1
Elective*		1
		17
Second Year – Spr	ing Semester	
BIOL 2020	Human Anatomy & Physiology II	4
HED 231	Safety & First Aid	3
PHED 2320	Care and Prevention of Athletic Injuries	3
PHED Activity Elective*		1 3
LIECTIVE		14

#### **TOTAL CREDIT HOURS 60**

At some universities, foreign language may be required in certain programs that lead to the Bachelor of Science Degree. Complete information regarding foreign language requirements at each university may be found on the transfer and articulation web sites of the Tennessee Board of Regents and the University of Tennessee System. Community college students are encouraged to be familiar with foreign language requirements at the universities and, if applicable, complete the requirements before transferring.

For more information contact:
Peri Krichbaum at
pkrichbaum@columbiastate.edu or 931.540.2584
or
Humanities & Social Sciences Division office at
931.540.2780

Columbia State Community College, a Tennessee Board of Regents institution, is an equal opportunity, affirmative action educational institution.

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